Life

Here's Why People Keep Calling The November Full Moon By Different Names



By Alli Hoff Kosik November 2, 2017









With Daylight Saving Time — and the schedule disruptions that come with it — looming SHOP MENU. We turn the clocks back by an hour on Nov. 5), I personally am finding distractions quite welcome. I'd rather not think about what it will feel like at 4 a.m. Monday when I can't fall back to sleep or about how it will feel to walk outside at 5 p.m. into total darkness, so I'm going to choose to think about other things instead: the sparkly shoes I want to buy for the holidays, the omelette that I'll probably order for brunch on Sunday, the Thanksgiving feast that's now only a few weeks away. For a slightly *elevated* distraction, though, we can all look to the sky this weekend instead, because Daylight Saving Time isn't the only event worth our attention. The full moon will be visible on Nov. 4 as well, and with all that talk of the Harvest Moon in October, I'm sure you're wondering what the November full moon is called. See? I've got you distracted already.

There are actually a few names for the November full moon, all of which have some serious history behind them. Depending on where you are and who you're talking to, you might hear this lunar event referred to as the Frost Moon, the Beaver Moon, or the Mourning Moon.



Giphy

Recording to Calmanac.com, the appearance of November's full moon was an important symbol of the coming winter for these communities, who took it as a hint that the first frost of the year was just around the corner. This gave them more time to prepare for the cold, snowy conditions to come — a fact that I can only image was *highly* appreciated in a world that lacked easy access to weather forecasts or smartphone apps that make it virtually impossible *not* to know what day or season it is.

The history of the Beaver Moon is closely related to that of the Frost Moon. Per Almanac.com, American colonists and Algonquin tribes relied on beaver fur for warmth in the long, cold winters. If they waited too long to set their traps, however, the water would freeze and they'd be out of luck. The November full moon was their reminder that the frost was ahead and that it was time to start collecting fur. While beavers are simply cute, bucktoothed dam builders to us in 2017, they were a really important part of the survival strategy for North Americans a few centuries ago, and the November full moon was key to making sure that the strategy was carried out successfully.

The Mourning Moon, on the other hand, is rooted in Pagan tradition. People who practice Pagan rituals spend the fall months preparing for the winter. The final step in that process is the letting go — and mourning — of old things that aren't expected to be helpful in the new year. Even those of us not familiar with Pagan tradition can appreciate this season as a time of reflection and letting go. Right before the chaos of the holidays sets in, we can take our cue from the Nov. 4 full moon and begin thinking back on 2017 and deciding which habits, goals, and people might best be left behind in the name of a happier 2018.

Whether you take the upcoming full moon — which should be brightest just after 1 a.m. EST on Nov. 4 — as your hint to break out the winter coats (the modern equivalent of beaver traps) or your inspiration for some serious end-of-year soul searching, you'll be totally in tune with our ancestors as you do it.

SHOP MENU

Astrology

Bustle

Get Ready! The Full "Blood" Moon Will Bring Out Your Fiery Side

Embrace your edge.



By Brittany Beringer Oct. 20, 2021









ecep-bg/E+/Getty Images

BLEST (7:57 p.m. PST) and will be moving into the gutsy and ultra-competitive sign of Aries, inspiring all zodiac signs to embrace their edgier side, according to astrologist Jordane Maree, founder of Girl and Her Moon. If you've been feeling a lot lighter recently, that's probably because Pluto, Saturn, Jupiter, and Mercury have all gone direct, allowing us to recenter our focus on our lives and reap the lessons we've accrued over their celestial shifts' long and arguably heavy backspins. And the timing couldn't be more perfect because we're now entering Aries territory, the sign all about new beginnings, passion, and sharp tenacity, so you're going to want to know how the October 2021 full moon will affect your zodiac sign to get the most out of this spicy energy.

Maree tells Bustle this full moon is igniting a spark for change. "It is lighting a fire beneath our feet, working with both Mars and Pluto, and is a highly charged, transformative, and fiery moon," she says. This is pretty fitting considering the fact that full moons are all about putting all of those plans into action and watching your manifestations materialize.

Are you up for the challenge? Keep reading to see how the October 2021 full moon will affect your zodiac sign.

If Your Zodiac Sign Is Aries (March 21-April 19)

Margaret Flatley/Bustle

"Aries, this full moon is about you claiming who you are. It is here to remind you of your worth, and as you do so, it is urging you to release anything that does not match the brilliance of who you are," explains Maree. Because this lunation is moving into your area of self and identity, you may feel extra motivated to get grips with your goals and personal pursuits, whether it's in the work, home, or spiritual sectors of life.

Bustle If Your Zodiac Sign Is Taurus (April 20-May 20)

SHOP MENU

Flatley

Taurus, this moon is doing the inner work for a highly pivotal time that is to come soon. BLOP MENU by the hand and diving deep into your subconscious," explains Maree. Have you been overly realistic with your goals? Brazen Aries energy is pushing you to take risks outside of your current lifestyle. "Commit to healing and growth under this powerful energy and commit to leaving behind all that doesn't support you," Maree adds.

If Your Zodiac Sign Is Gemini (May 21-June 20)

Margaret Flatley/Bustle

This lunation is happening in your eleventh house of friendship, Gemini — so be prepared for a little healthy competition to ensue among people you know. It also deals with how you fit into society. "This full moon is inviting you to tap into your passion while the cosmos brings you clarity and healing in support of your biggest visions for both yourself and all of humanity. It is a beautiful time to be with yourself, to journal, meditate, and let yourself dream up all kinds of possibilities for yourself and your life," says Maree.

Bustle If Your Zodiac Sign Is Cancer (June 21-July 22)

SHOP MENU

Margaret Flatley/Bustle

"Cancer, the full moon is turning your attention towards your career, your impact, your BLOP MENU SHOP MENU what you desire to do, where it is you'd like to go, how you want to make others feel, and how you want to make a difference in the world," explains Maree. Are you complacent with your current traditions, and are they serving your best interest?

If Your Zodiac Sign Is Leo (July 23-Aug. 22)

Margaret Flatley/Bustle

"Leo, this moon is about asking the big questions, and about looking at how your beliefs and perspectives of the world shape your reality," explains Maree. "It is a very 'zoomed out' energy that is asking you to see your life, and all of life, from a broader perspective." Use this time to explore — try taking a solo trip or check out books under new genres to help you broaden your horizons.

Bustle If Your Zodiac Sign Is Virgo (Aug. 23-Sept. 22)

SHOP MENU

Margaret Flatley/Bustle

"This is a highly transformative full moon for you, Virgo. It is in the realm of all things SHOP MENU into the unknown, your greatest healing and potential will be found." Aries' gutsy energy is asking you to be brave and see things from a more cheeky perspective as opposed to your down-to-earth point of view.

If Your Zodiac Sign Is Libra (Sept. 23-Oct. 22)

Margaret Flatley/Bustle

You may feel in your element during this lunation, Libra, and that's probably because it's SHOP MENU closest and most impactful relationships. These are often a mirror to the relationship we have with ourselves. Are you happy with how you are showing up, do you feel full, appreciated, whole?" explains Maree. You may experience intense passion in your romantic partnerships, or perhaps things are firing up in your professional network as you close deals or start new business ventures.

If Your Zodiac Sign Is Scorpio (Oct. 23-Nov. 21)

Margaret Flatley/Bustle

"Scorpio, this full moon calls for healing within your body and your mind, and it is doing so by asking you to look at how you have been serving yourself," explains Maree. This lunation is having you really dig into what drives your deepest passions and what motivates you. "Look at how you have been living your day-to-day life, the details, the habits, the routines – are they serving you?" Make a list of your professional or self-love goals and start a roadmap to how to get there.

Bustle If Your Zodiac Sign Is Sagittarius (Nov. 22-Dec. 21)

SHOP MENU

Margaret Flatley/Bustle

"Sagittarius, your natural fiery nature is celebrated under this lunation and you will receive SHOP MENU through expression, and it will come through boldly," explains Maree. Take this full moon to explore your fantasies through a sensual playdate (those can be solo, too!) and create new forms of art like dance, poetry, or painting.

If Your Zodiac Sign Is Capricorn (Dec. 22-Jan. 19)

Margaret Flatley/Bustle

"Capricorn, this full moon is about the healing of wounds that never got the chance to be filled with love. Fill your heart and let it flow through your roots into your ancestors," says Maree. You may feel a spark of inspiration or passion in matters at home or feel especially nostalgic about the old days. Don't be afraid to take a night off from working and enjoy your own company, even if you're simply enjoying life off the clock.

Bustle If Your Zodiac Sign Is Aquarius (Jan. 20-Feb. 18)

SHOP MENU

Margaret Flatley/Bustle

"Aquarius, this full moon is bringing a passion and fire into your mind, thoughts, and SHOP MENU across as fiery, straightforward, or even urging on the side of brash for the moment. It's a time to think before you speak." You'll be able to speak your mind with confidence and stay authentic to all of your zany ideas.

If Your Zodiac Sign Is Pisces (Feb. 19-March 20)

Margaret Flatley/Bustle

"Pisces, this full moon is bringing a wave of passion and self-love and is asking you to direct it into yourself," says Maree. "You'll be reminded of your worth, your potential, your capability." It's about filling yourself up in the spaces you may have been neglecting lately and filling it with love, she adds. You may be learning to take risks, speak up, or grab onto any projects you might be holding off on.